Career and Personal Planning Grades 8 to 12

Draft Learning Outcomes

Including an Overview of Personal Planning K to 7



Introduction

ne of the key features of the new *K to 12 Education Plan* announced last fall by the Minister of Education is the introduction of Personal Planning K to 7 and Career and Personal Planning 8 to 12 curricula in September 1995. These curricula have created widespread interest from within the education system and more generally from parents, business, and labour.

This document provides an overview of the K to 12 curriculum and the draft learning outcomes for the Grades 8 to 12 portion of the curriculum (the portion that is required to be implemented in Grades 8 to 12 in September 1995). These outcomes are in the final development stage.

The draft outcomes for the Grades 8 to 12 component that follow provide a picture of what the new curriculum will look like. This will enable schools to make decisions about how to organize and teach the new curriculum and will allow teachers to familiarize themselves with it.

The Schedule

In April 1995, the final outcomes and all of the above curriculum will be sent to the field as part of Integrated Resource Packages (IRPs). An IRP is a package of information for teachers with the prescribed learning outcomes, instruction and assessment strategies, methods of evaluation, and recommended learning resources described for each grade. Teachers can use the IRP as a planning tool and guide to determine the most effective teaching methods for the new curriculum.

Draft learning outcomes for the following revised or new curricula will be available in February:

Required for implementation in September 1995

- Fine Arts 11 and Applied Skills 11 (two-credit modules)
- French 12

Implementation to commence in September 1995 and to be fully in effect by June 1997

- Personal Planning K to 7
- Science K to 7
- Mathematics K to 7
- Science and Technology 11
- First Nations Studies 12
- French 4 to 11

The Support

A co-ordinated implementation support plan for Career and Personal Planning and other new curricula with resources is available to any interested teacher, administrator, or school team.

Support for Career and Personal Planning 8 to 12 includes in-service opportunities for every affected teacher, regional forums, handbooks related to the new curriculum, and the setting up of school implementation teams. These teams will provide support for upcoming or revised curricula. More details about implementation support can be found in the *Update on Implementation*, which has been sent to all teachers in the province.

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Career and Personal Planning Overview

The K to 12 Curriculum

The Personal Planning K to 7/Career and Personal Planning 8 to 12 curriculum provides students with exposure to personal development and career readiness. Over the 13 years of the curriculum, emphasis shifts from personal planning to an increasing emphasis on career planning.

Personal Planning K to 7

Career and Personal Planning 8 to 12 builds on the personal planning learning experiences of students in K to 7. In Personal Planning K to 7, the Learning for Living curriculum has been incorporated into the broader Personal Planning curriculum. In Grades 8 to 12, the Learning for Living curriculum has been focused and is reflected in the Personal Development and Planning Process components.

Career and Personal Planning 8 to 12

The Career and Personal Planning 8 to 12 (CAPP) curriculum focuses on preparing students to make and implement plans in order to meet their personal, education, and career goals. It also prepares students to meet the challenges of a changing workplace effectively.

Career and Personal Planning 8 to 12 consists of four interrelated components: Planning Process, Career Development, Personal Development, and Work Experience. Students formally link these components through the use of Student Learning Plans, which begin in Grade 9.

The mandatory 30-hour work experience component does not occur until Grade 11 and 12.

The following pages describe the draft learning outcomes for Grades 8 to 12. Copies of Work Experience—A Resource for Career and Personal Planning have also been delivered to your school for your use and reference.

Planning Process

Collecting Information

To develop students' abilities to gather and record information needed to make and carry out education, career, and personal plans. It is expected that students will:

Grade 8	Grade 9	Grade 10	Grades 11/12
	 gather the information required to initiate the development of their Student Learning Plans 	 refine their Student Learning Plans based on education, career, and personal plans 	use their Student Learning Plans as tools to record, analyse, and evaluate their short-term and long-term goals
identify changes in personal strengths, interests, attributes, and values, and update their personal skills inventories	identify their personal strengths, interests, attributes, and values, and relate these to who they are and where they are going	examine their strengths, interests, aptitudes, and values for the purpose of ongoing self-assessment	examine their strengths, interests, aptitudes, and values for the purpose of ongoing self-assessment
build networks of individuals, organizations, and other resources to support their education, career, and personal goals	refine their networks of individuals, organizations, and other resources that support their education, career, and personal goals	evaluate their networks of individuals, organizations, and other resources that support their education, career, and personal goals	access and use resources that can support their efforts to carry out their plans
		 collect information from a variety of sources (including electronic sources) on potential career and education opportunities 	access services and technological resources that can help them carry out their plans
			 seek and acknowledge advice and support from others to carry out their plans
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Planning Process

Making Plans and Decisions

To develop students' abilities to plan and make decisions systematically . It is expected that students will:

Grade 8	Grade 9	Grade 10	Grades 11/12
demonstrate the ability to set short-term and long-term education, career, and personal goals and to share them with others	use a variety of strate- gies to determine their short-term and long- term education, career, and personal goals and to communicate these with others	evaluate their ability to set achievable short- term and long-term education, career, and personal goals	set short-term and long-term education, career, and personal goals, taking into account their self- assessments
	predict the impact of change on achieving goals	predict the impact of change on achieving goals	
 choose a problem- solving strategy and apply it to the achievement of their education, career, and personal plans 	devise alternative strategies to achieve their goals, taking into account potential obstacles	assess alternative strategies to achieve their goals, taking into account potential obstacles	 use alternative strategies to achieve their goals, taking into account potential obstacles
identify steps in the decision-making process	examine and compile a variety of planning models	 evaluate a variety of planning models in relation to achieving their education, career, and personal goals 	•
identify effective strategies for time management	use effective time management in planning and implementing goals in their Student Learning Plans	use effective time management in planning and implementing the goals in their Student Learning Plans	assess alternative strategies in light of various criteria (e.g., effectiveness, ethics, personal compatibility) and select the most appropriate
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Planning Process

Implementing and Monitoring

To have students put plans into effect, monitor and evaluate them, and make refinements as necessary. It is expected that students will:

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Grade 8	Grade 9	Grade 10	Grades 11/12
assess, and then use information to implement their plans	assess, and then use information to implement their plans	use self-assessment to evaluate their achievement of goals	use self-assessment to evaluate their achievement of goals
modify and revise their goals in response to change	modify and revise their goals in response to change	adjust their plans as needed to take account of changed circumstances	adjust their plans as needed to take account of changed circumstances
	assume responsibility for maintaining up-to-date Student Learning Plans	assume responsibility for maintaining up-to-date Student Learning Plans	assume responsibility for maintaining up-to- date Student Learning Plans
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Healthy Living To encourage students to value and adopt balanced, healthy lifestyles. It is expected that students will:

Grade 8	Grade 9	Grade 10	Grades 11/12
identify the characteristics of a healthy lifestyle	describe their personal lifestyles with respect to the characteristics of a healthy lifestyle	relate the characteristics of a healthy lifestyle to attributes of personal potential	relate the characteristics of a healthy lifestyle to their ability to maximize personal potential
 demonstrate a willingness to examine, explore, and adopt healthy practices 			
demonstrate an ability to access information about healthy practices	demonstrate an ability to apply information about healthy practices to personal growth	demonstrate an ability to apply information about healthy practices to personal growth and problem solving	
identify key features or components of health products and services	demonstrate an ability to relate health issues to health products and services	 demonstrate an ability to identify choices regarding health issues, products, and services 	 demonstrate an ability to make informed choices regarding health issues, products, and services
demonstrate an understanding of the potential impact of individual actions at personal, community, and global levels			
set personal goals for a healthy lifestyle	set and evaluate personal goals for a healthy lifestyle	set, evaluate, and modify personal goals for a healthy lifestyle	
identify health-related resources for purposes of prevention, intervention, and treatment	demonstrate an ability to access health-related resources for purposes of prevention, intervention, and treatment	 demonstrate an ability to access health-related resources for purposes of prevention, intervention, and treatment 	
list key factors associated with HIV/ AIDS and sexually transmitted diseases	outline and describe key factors associated with HIV/AIDS and sexually transmitted diseases	 demonstrate a knowledge of HIV/AIDS and sexually transmitted diseases 	 demonstrate a knowledge of HIV/AIDS and sexually transmitted diseases
	relate the characteristics of a healthy lifestyle to disease prevention	demonstrate a knowledge of common preventable diseases	

Mental Well-Being To develop in students an appropriate sense of personal worth, potential, and autonomy. It is expected that students will:

Grade 8	Grade 9	Grade 10	Grades 11/12
list their skills, interests, and ambitions	identify their skills, traits, ambitions, and potential	relate their skills, traits, and interests to their ambitions and potential	demonstrate an awareness of their skills, traits, ambitions, and potential
describe the characteristics of personal autonomy	demonstrate an appropriate sense of personal autonomy		
demonstrate an ability to make appropriate use of interpersonal skills	use interpersonal skills to demonstrate respect for others	 use interpersonal skills to demonstrate and encourage respect for others 	
describe the characteristics of a variety of relationships	outline the skills necessary to develop and maintain a variety of relationships	demonstrate the skills necessary to develop and maintain a variety of relationships	describe and demonstrate the skills necessary to develop and maintain a variety of relationships

Family LifeTo develop students' understanding of the role of the family and a capacity for responsible decision-making in their sexual behaviour. It is expected that students will:

Grade 8	Grade 9	Grade 10	Grades 11/12
identify a variety of models for family organization	describe the characteristics of a variety of models for family organization		
identify a variety of roles and responsibilities that may exist within a family (e.g., parenting skills and responsibilities)	identify a variety of roles and responsibilities that may exist within a family	describe the evolving nature of roles and responsibilities that may exist within a family	identify and describe the evolving nature of roles and responsibilities that may exist within a family
identify a variety of factors that may influence family cohesiveness, personal health, or family well- being	describe a variety of factors that may influence family cohesiveness, personal health, or family well- being	 rank a variety of factors that may influence family cohesiveness, personal health, or family well- being in terms of potential impact 	
outline human biological reproduction	 distinguish between human biological reproduction and human sexual response 	 describe and distinguish between human biological reproduction and human sexual response 	
outline the physical, social, and emotional changes associated with puberty	 describe the physical, social, and emotional changes associated with puberty 		
	relate responsible decision making and potential consequences to human biological reproduction and human sexual response	relate responsible decision making and potential consequences to human biological reproduction and human sexual response	relate responsible decision making and potential consequences to human biological reproduction and human sexual response

Personal Development

Child Abuse Prevention To develop in students the capacity to assess, prevent, and resolve abusive situations. It is expected that students will:

Grade 8	Grade 9	Grade 10	Grades 11/12
identify appropriate or socially acceptable responses to a range of emotions	demonstrate a willingness to practise socially acceptable responses to a range of emotions	demonstrate socially acceptable responses to a range of emotions	demonstrate and encourage socially acceptable responses to a range of emotions
identify and outline the dynamics of some common relationships	 describe the dynamics of common relationships as they apply to emotional, physical, and sexual abuse 	 describe the dynamics of common relationships as they apply to emotional, physical, and sexual abuse 	describe the dynamics of common relationships as they apply to emotional, physical, and sexual abuse
define both sexuality and sexual abuse	 distinguish between sexuality and sexual abuse 		
describe or demonstrate problem-solving and assertiveness skills	 demonstrate problem- solving and assertiveness skills as they apply to common relationships 	 demonstrate problem- solving and assertiveness skills as they apply to abusive or exploitive relationships 	
	 demonstrate an ability to identify appropriate services, support, or intervention for abusive situations 	 demonstrate an ability to identify and access appropriate services, support, or intervention for abusive situations 	
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Substance Abuse Prevention To develop in students the ability to make responsible decisions regarding substance use as they develop a healthy lifestyle. It is expected that students will:

Grade 8	Grade 9	Grade 10	Grades 11/12
outline the effects of substance use and abuse	relate the effects of substance use and abuse to potential consequences	demonstrate an understanding of the effects and consequences of substance use and abuse for self and others	
identify medicinal and non-medicinal substances and uses	 distinguish between medicinal and non- medicinal uses of substances 		
demonstrate effective responses to peer pressure regarding substance use and abuse	 demonstrate effective responses to peer pressure regarding substance use and abuse 	demonstrate effective responses to peer pressure regarding substance use and abuse	demonstrate effective responses to peer pressure regarding substance use and abuse
describe or demonstrate self-assessment skills in monitoring, evaluating, and directing personal behaviours related to substance use and abuse	 demonstrate an ability to apply self-assessment skills in monitoring, evaluating, and directing personal behaviours related to substance use and abuse 	demonstrate an ability to apply self-assessment skills in monitoring, evaluating, and directing personal behaviours related to substance use and abuse	demonstrate an ability to apply self-assessment skills in monitoring, evaluating, and directing personal behaviours related to substance use and abuse

Safety

To develop in students the ability to apply principles of safety to all aspects of their lives. It is expected that students will:

Grade 8 distinguish between safe and unsafe situations	Grade 9	Grade 10	Grades 11/12
describe or outline appropriate safety or emergency procedures in the contexts of the home, school, community, and workplace	demonstrate the ability to apply appropriate safety or emergency procedure in the contexts of the home, school, community, and workplace	consistently analyse and respond appropriately to unsafe situations	
describe or demonstrate basic first-aid skills	demonstrate basic first- aid skills	demonstrate basic first- aid skills in the contexts of the home, school, community, and workplace	demonstrate basic first- aid skills in the contexts of the home, school, community, and workplace

Career Development

Career Awareness To develop students' understanding and appreciation of personal characteristics and how these relate to potential careers. It is expected that students will:

Grade 8	Grade 9	Grade 10	Grades 11/12
 monitor changes in personal interests and abilities, and update their personal inventories 	identify and document personal strengths (abilities and aptitudes), motivations, interests, and values in their Student Learning Plans	 review and revise their inventory of personal strengths (abilities and aptitudes), motivations, interests, and values in their Student Learning Plans 	explain how their personal strengths (abilities and aptitudes), motivations, and values relate to career interests and opportunities
	link personal interests and attributes to the development of personal potential	 identify areas of career interest and describe themselves in terms of possible career roles 	regularly evaluate their areas of career interest and describe themselves in terms of possible career roles
identify role models and list their attributes	compare role models to examine their personal attributes		
		 identify possible obstacles to their achievement of personal and career goals 	explore options to overcome these obstacles to their achievement of personal and career goals
identify their transferable skills	relate their transferable skills to occupational and lifestyle choices	 review their transferable skills and relate them to occupational and lifestyle choices 	review their transferable skills and relate them to occupational and lifestyle choices
	 identify the knowledge, skills, and attitudes needed in the workplace 	 research opportunities for careers in local, regional, and global workplaces 	

Career Development

Career Exploration

To enable students to take advantage of community resources in order to relate their learning and skills to education, career, and personal roles in a changing world. It is expected that students will:

Grade 8	Grade 9	Grade 10	Grades 11/12
identify career opportunities in a changing society	identify factors that influence the changing career patterns of women and men	identify the factors that affect the availability of career opportunities	analyse the factors that affect the availability of career opportunities
 identify mentors and resources to support personal development and career plans relate career choices to family expectations 	identify mentors and resources to support personal development and career plans	evaluate the relevance of services and resources to the achievement of education, career, and personal goals as set out in their Student Learning Plans	apply the information gained from services and resources to the achievement of education, career, and personal goals as set out in their Student Learning Plans (e.g., current labour market information, career planning/placement services, the National Occupational Classifications, employment postings)
research a range of career choices	 identify volunteer and leisure activities that relate to the career goals in their Student Learning Plans identify courses needed to meet career plans 	 identify and research education routes and experiences to achieve their goals select courses to match their career plans 	create plans to identify possible career paths involving post-secondary training or education
explore sectors of the economy that exist in the local, regional, and global communities	identify and describe the impact of changes taking place in the economy, society, environment, and job market	 describe the impact of changes taking place in the economy, society, environment, and job market demonstrate the skills required to establish a job search network through colleagues, friends, and family 	analyse the changes taking place in the economy, environment, society, and the job market (e.g., changing gender roles, globalization of the economy, rapid technological development, the need for lifelong learning, population growth, distribution, and demographics)
-		identify and describe various types of work	assess and evaluate the contributions of various types of work (e.g., unpaid or volunteer work, paid work, entrepreneurship, and self-employment)

Career Development

Career Preparation To develop students' understanding of the academic, teamwork, and personal management skills needed to succeed in the workplace. It is expected that the student will:

Grade 8	Grade 9	Grade 10	Grades 11/12
list common job- seeking skills	identify common job- seeking skills	demonstrate common job-seeking skills	demonstrate a variety of job-seeking skills (e.g., preparing a covering letter and résumé, completing application forms, creating a positive impression in a personal interview, creating a positive impression in a telephone conversation)
		compare their personal competencies with respect to generic, transferable employability skills	 demonstrate generic, transferable employability skills and document them in their Student Learning Plans evaluate their personal competencies in terms of generic, transferable employability skills
	outline key features of provincial employment standards to their work experience and their career plans	 relate provincial employment standards relevant to their work experience and their career plans outline their plans for future work experiences 	relate provincial employ- ment standards to their work experience and their career plans (e.g., in regards to harassment, equity, termination of employment, minimum wages, holidays)
identify the components of personal finances	 describe the skills necessary to manage personal finances 	demonstrate an ability to manage basic personal finances	relate personal finances to their career and personal plans
			use work experience to evaluate personal, education, and career plans
		demonstrate a knowledge of basic workplace safety regulations	follow basic workplace safety regulations

Participation

To provide students with a minimum of 30 hours of experience in a real-life work environment. It is expected that students will:

Employability Skills

To help students develop the critical skills required of the Canadian work force, as identified by the Conference Board of Canada. It is expected that students will:

	Board of Canada. It is expected that students will.	
participate in one or more of the following career development activities: Career Programs Career Preparation Programs Secondary School Apprenticeship Programs Co-operative Education Programs	 practise and demonstrate the skills and attitudes necessary to make the transition from school to a work environment, such as the following: communication skills problem-solving and decision-making skills 	
 Special Education Programs School-Arranged Work Experience Work Experience Job Shadowing Career Mentoring 	 a positive attitude to learning and change a "work ethic" (confidentiality, regular attendance, punctuality, honesty, etc.) a respect for diversity and individual 	
 Electronic Work Experience Career Seminars Student-Arranged Work Experience Student Employment Community Service Entrepreneurship 	differences the ability to function as an effective team member the ability to meet performance standards for the workplace the ability to perform work in a safe manner	
perform assigned job duties in one or more work settings	document in their Student Learning Plans (SLPs) work, education, recreation, and cultural activities that contribute to a balanced, healthy lifestyle	
	 review their work experience and relate it to their personal goals and future plans, e.g., apply problem-solving and decision- making skills to establish priorities for future career choices 	



Province of British Columbia Ministry of Education

